

Sensory Red Flags

Sensory Over-Responsive

- Dislikes rough play
- Gets upset by transitions
- Dislikes being touched/held
- Dislikes unexpected noises / being in a loud environment
- Is a classic "fussy baby" who is inconsolable
- Dislikes having hair / face washed
- Dislikes bright lights
- Demonstrates severe anxiety
- Difficulty socializing with peers
- Dislikes being up high
- Is a very picky eater
- Is easily bothered by scents



Sensory Under-Responsive

Doesn't cry when hurt

May come across as withdrawn and lethargic

Doesn't seem to notice when someone touches her

Dislikes trying new physical activities and rarely initiates them

Slow or unmotivated to learn to dress / feed self

Does not notice bad smells

Doesn't seem to hear when their name is called

Has low endurance, poor muscle tone, poor posture

Sensory Craving

Likes crashing, bashing, bumping, and roughhousing

Constantly touches objects

Intrudes in other's physical space

Often chews and sucks on non-food items

Difficulty sitting still during movies, circle time, etc.

Becomes angry when asked to sit still or stop an activity

Shows a strong preference for excessive movement

Seems unable to stop talking and has trouble taking turns

Often diagnosed with or thought to have ADHD

Takes excessive risks during play

Likes to play music/TV at a loud volume

Reach out to ahanlon@dsc-illinois.org
or call 217-398-7137 ext. 315 if you
have questions, concerns, or feel your
child might benefit from Occupational
Therapy services.